Enhancing University Participation for Young Adults with Intellectual







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Drocontod by Kudy Ciwo Lowal M

Objectives

- · Overview-Mason LIFE Program (MLP)
 - Exploration Component
- Promoting University Participation
 - Planning , Implementation
 - Accommodations and Strategies
- Evaluating University Participation
 - Faculty, Students, Mentors
- Outcomes, Challenges, Implications for Research

Overview- Mason LIFE Program

- The Mason LIFE Program is a supportive academic university experience for young adults, age 18-23 years, who have intellectual and developmental disabilities.
- The program follows a four year curriculum of study for post-secondary education.
- Students graduate with a certificate of completion.
- Some students gain employment, some return for internship, and others continue their

MLP Exploration Components

- · Goals
- Integrate MLP students in Mason diverse community including athletic/sports management, student organizations, or clubs.
- Develop partnership between Mason LIFE students and Mason schools, colleges, and departments.
- Motivate students to participate in University courses and explore career opportunities.
- Evaluate effectiveness of University Participation for young adults in a four-year college experience

MLP Exploration Components

- · Person Centered Planning
 - Meet with student and family to develop a program of study that matches student's interest
 - Define goals/create objectives
 - Develop individualized curriculum when necessary
 - Implement strategies for success
 - Evaluate progress
 - Redefine or create new and challenging goals

Sample Person-Centered Plan

| Academic Independent Living • Mason LIFE Program (MLP) Classes • Merco Access (schedule trips online) • More challenged in Math • Special Topics Courses/Support • Chorale • Merco Access (schedule trips online) • Developmental Psychology (Childcare work) • Alarm Clock • Education (T eaching Assistantwork) • Marketing (Running a childcare center) • Tennis (Recreation) Social Life • Clubs or sororities • Special Olympics • Tennis for leisure (summer) • Best Buddies (tudent leader) • Entertain and meet with friends • Daycare Center (while at school) • Need more assistance with comprehension • Elementary School teacher's assistant (after graduation) | Calibri B Z | · 11 · A A A ⊕ U · abe x, x' Aa · ♥ · A · Font Paragraph | AaBbCcDc AaBbCcDc AaBbCcDc AaBbCcDc Heading 1 AaBbCc Cc Styles St |
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| • Tennis (Recreation) Employment Social Life • New York & Company (cashier job on the weekends) • Special Olympics • TJ Maxx (cashier job on the weekends) • Tennis for leisure (summer) • Daycare Center (while at school) • Entertain and meet with friends • Elementary School teacher's assistant (after graduation) | | Education (Teaching Assistant work) | Organize closet and room |
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Promoting University Participation-Planning Phase

- MLP Faculty review Person-Centered Planning goals and objectives
- MLP Faculty advise and recommend courses to students
- Students select from available courses
- MLP faculty collaborate with Mason Department Chairs and/or professor

-review course goals/objectives and choose the best matches in course professor/instructor

-Joint agreement between the professor/instructor of record and MLP faculty about course work modification

Promoting University Participation-Implementation Phase

• Students placed in selected course(s)

-University courses that closely match students academic level and career/job interest

-Students placed in classes with available seating for audit students

-Some students perform tasks independently or with minimal support

-Significant number of students require additional support in varied areas to enhance their participation/learning

Comple Ctudent Schedule

Fall 2011

| Monday | Tuesday | Wednesday | Thursday | Friday | |
|--|--|---|---|---|--|
| 8:45-9:45 8:45-9:45 | | 8:45-9:45 | 8:45-9:45 | 8:45-9:45 | |
| Basic Reading: Romance Novel AT Lab/Aquia 219 | Fundamentals of Applied Math Finley 114 | Basic Reading: Romance Novel AT Lab/Aquia 219 | Fundamentals of Applied Math Finley 114 | Basic Reading: Romance Novel AT Lab/Aquia 219 | |
| Special Topics Support – check in Aquia 213 10:30-11:20 Public Speaking COMM 100-005 Innovation 137 | Basic Writing: Poetry AT Lab/Aquia 219 | Public Speaking COMM 100-005 Innovation 137 | Basic Writing: Poetry AT Lab/Aquia 219 | Public Speaking COMM 100-005 Innovation 137 | |
| 11:30-12:30 | 11:00-12:00 | 11:30-12:30 | 11:00-12:00 | 11:30-12:30 | |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | |
| 12:40-2:50 Basic Employment Skills Aquia 213 | 12:00-12:30 Basics of Blackboard Leaming Technology AT Lab | 12:40-2:50 Special Topics Course Assignment | 12:40-2:50 Independent Living- Nutrition AT Lab | 12:40 – 2:50 Special Topics Course Assignment | |
| 2:50-3:00 Wrap-up Aquia 213 | 12:40-1:40 Residential Housing I Science & Tech II, Room 019 1:50-2:50 Basic Social Skills AT Lab/Aquia 219 2:50-3:00 Wrap-Up AT Lab/Aquia 219 | | 2:50-3:00 Wrap Up AT Lab | 12:40 Wrap-up Aquia 213/AFC Pool | |
| 3:00-4:30 | 3:00-4:30 | 3:00-4:30 | 3:00-4:30 | 3:00-4:30 | |
| Homework Help | Homework Help | Homework Help Homework H | | Homework Help | |
| 4:30-6:00 Social Group | No Program | 4:30-6:00 Book Club | 4:30-6:00 Art Stream | 4: 30-6: 00 First Aid | |

Promoting University Participation-Implementation Phase

- Academic support provided (Special Topics Support Class)
 - -MLP faculty and staff support
 - -Strategies, Accommodations
- Natural Supports
 - -Students involved in non-academic participation
 - -Personnel in environment provides support

-Students' preferences were embedded into individual goals and expectations

Accommodations and Strategies

- · Mason professors provides prepared outlines before class
- MLP faculty assist MLP students to simplify tasks
- · Peer mentors

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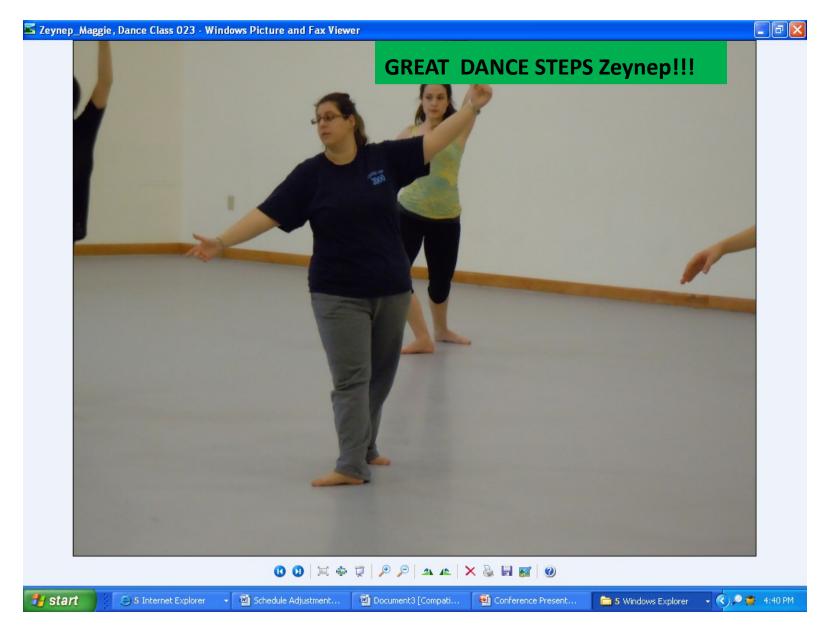
- sit close to MLP students in class
- share notes with MLP students
- paired with MLP students for group projects
- Meet with MLP students outside of class to complete assignments and projects
- Individual Supports (IS) take notes, prepare outlines, and assist MLP students to complete assignments.

Outline Notes from Individual



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| | | | sees - Owener Contexts - Owener & Introduced and Concluded Your Setech - How Assessment: Chapter 8 Post-Test | EW ASSESSMENT CHAPTER 8 | | |
| | | Name: Status : Score: | Chapter 8 Post-Test Completed 96 out of 100 points Please answer each question to the best of your ability. | | | |
| | | Ouestion 1 | Multiple Choice For a typical ten-minute speech, an introduction should last no more than | 0 of 5 points minute(s). | | |
| | | 2 | Selected Answer: Xone-half Correct Answer: ✓ one and a half | | | |
| | | Question 2 | Feedback: Purposes of Introductions - p. 184 Multiple Choice Which of the following is NOT a function of the introduction? | 5 of 5 points | | |
| | | 2 | Selected Answer: √to summarize Correct Answer: √to summarize Feedback: Correct! | | | |
| | | Question 3 | Multiple Choice Which of the following opening lines for a speech will be least likely to gain the udence? | 5 of 5 points he attention of the | | |
| | | | Selected Answer: I Today I am going to talk to you about Correct Answer: I Today I am going to talk to you about Feedback: Connect! | | | |
| | | Question 4 | readback. Consol Multiple Choice The degree to which information affects your listeners directly is known as Selected Answer: ✓ proximity | 5 of 5 points | | |
| | | | Correct Answer: I proximity Feedback: Correct! | | | |
| | | | Multiple Choice When an audience judges a speaker to be a believable authority and a comp assessing the speaker's | 5 of 5 points petent speaker, they are | | |
| | | | Selected Answer: J credibility Correct Answer: J credibility Feedback: Correct! | | | |
| | | Question 6 | Multiple Choice | 5 of 5 points | | |
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| | | | Write hiragana correctly | | | | |
| | | A. Listen to the numbers a <u>Hiragana</u> . You will hear eac | nd times your teacher says. Write th th number and time TWICE. (number | vem in <u>Arabic numerals (1, 2, 3,)</u> r 1x6; hiragana 2x6; total=18) | and in | | |
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| | | B. Read the following excl appropriate, put an X. (0. | hanges, and fill in the parentheses 5x5=2.5) | with the appropriate particles. If r | to particle is | | |
| | | A: あした えい | where $f_{ij}^{(r)}$) and $f_{ij}^{(r)}$, and $f_{ij}^{(r)}$, $f_{ij}^{(r)}$ | here will be a movie tomorrow. | | | |
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| | If your hiragana and katakana writing in any part of this exam is inappropriate, you will be penalized for it. Write <u>correctly and neatly</u> in the <u>handwritten style</u> of hiragana and katakana. |
| | A, Indicate the stroke order of each hiragana and katakana by adding each stooke in one box in order as shown in the example. Also indicate the directions by arrows as shown in the example. (stroke order 0.5 x 8, directions 0.5 x 8; total = 8) |
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| | (tanoa) (tanoa) 3) chiai <u>ちいさい</u> カメロクロ (mai) (tanoa) |
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Evaluating University Participation

MLP Student Evaluation

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- Feedback comments from course professors with recommendations for areas of improvement
- grades based on approved coursework modification
- Mason Faculty, Mentors, and IS Evaluation
 - MLP students complete University course evaluations with assistants from mentors, IS, and MLP faculty
 - MIP faculty conducts mentor evaluations.

Evaluating University Participation Outcome

- Twenty students are placed in different participation environments.
- Some students are placed in multiple participation model
- One student is placed in student leadership organization.
- Eight students are placed in sports team management.
- Five students are placed in recreational classes.

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- Seven students are placed in classrooms with peer mentors.
- Two students are placed in classrooms with natural supports (professor or coach).
- Six students are involved in student clubs-Japanese and Running.
- Eight students are placed in professional/career path activities.

Diversity of Participation Outcomes

Special Topics

Acting II **Beginning Judo** Self Defense **Beginning Modern Dance Elementary Arabic Elementary Japanese** Interpersonal & Group Interaction Introduction to Pilates Introduction to Teaching Introduction to Visual Arts Introduction to Yoga Intermediate Yoga **Music Instruction in Piano** Music Instruction in Viola Painting I Public Speaking Tai Chi

Team Managers

Basketball (Men's and Women's) Football Men's Soccer Rugby

Arabic GMU Players Japanese Running Team Sorority Student Government

Clubs/Groups

Career/Job Track

Child Development Information Services Library Services Performing Arts Speaker/Advocate Sports Management Teaching Assistant Technology Technician Visual Arts

Evaluating University Participation Outcome

- Students who worked with peer-mentors performed considerably well in classroom participation, task completion, and sustained interest level.
- Students placed in environments with natural supports performed extremely well (completed all course work, engaged in discussions/activities, participated in external events, able to generalize learning to other environments, and eager to do more than

Mason LIFE Student Diversity Outcomes

| Diversity Outcomes | 02-03 | 03-04 | 04-05 | 05-06 | 06-07 | 07-08 | 08-09 | 09-10 | 10-11 | 11-12 |
|----------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Mason LIFE Students | 3 | 13 | 12 | 16 | 18 | 16 | 24 | 29 | 37 | 42 |
| Geographic | 1 | 4 | 4 | 4 | 4 | 4 | 6 | 8 | 10 | 12 |
| Special Topics Class | 0 | 0 | 0 | 1 | 1 | 4 | 9 | 14 | 15 | 30 |
| Team Management | 0 | 0 | 0 | 0 | 1 | 1 | 3 | 5 | 5 | 7 |
| Employment Practicum | 0 | 0 | 0 | 0 | 0 | 2 | 2 | 3 | 5 | 7 |
| Groups/Clubs | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 2 | 4 | 7 |

University Participation Challenges

- · Course Challenges
 - Placing 1st year students
 - Getting approval for advanced level courses
 - Finding available seating for audit students
 - Placing students in second sections of a course
 - Getting mentors to volunteer
 - Assisting/supporting students without distraction

· MLP Students Challenges

University Participation Research Implications

- Effectiveness of alternating MLP classes and special topics courses in 2nd semester of first year.
- Effectiveness of all MLP students required participation.
- Is it enough to encourage, empower, motivate, and inspire students to succeed?
- Usefulness of three years of college courses participation experience.