



Social and Recreational Interactions in a Postsecondary setting for Individuals with Intellectual and Developmental Disabilities

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Residential Housing

- Why important?



Residential Housing



History at Mason

How the program
expanded



Study of Activities

The data collection

- students were home,
- alone,
- self-directed activities
- designated activities



Procedures

- Students were observed during Friday evening to Sunday evening
- The observer, (Instructor or RA), visited the major recreation and student union locations
- A visual placement of each student, mark on the roster (data collection sheet)



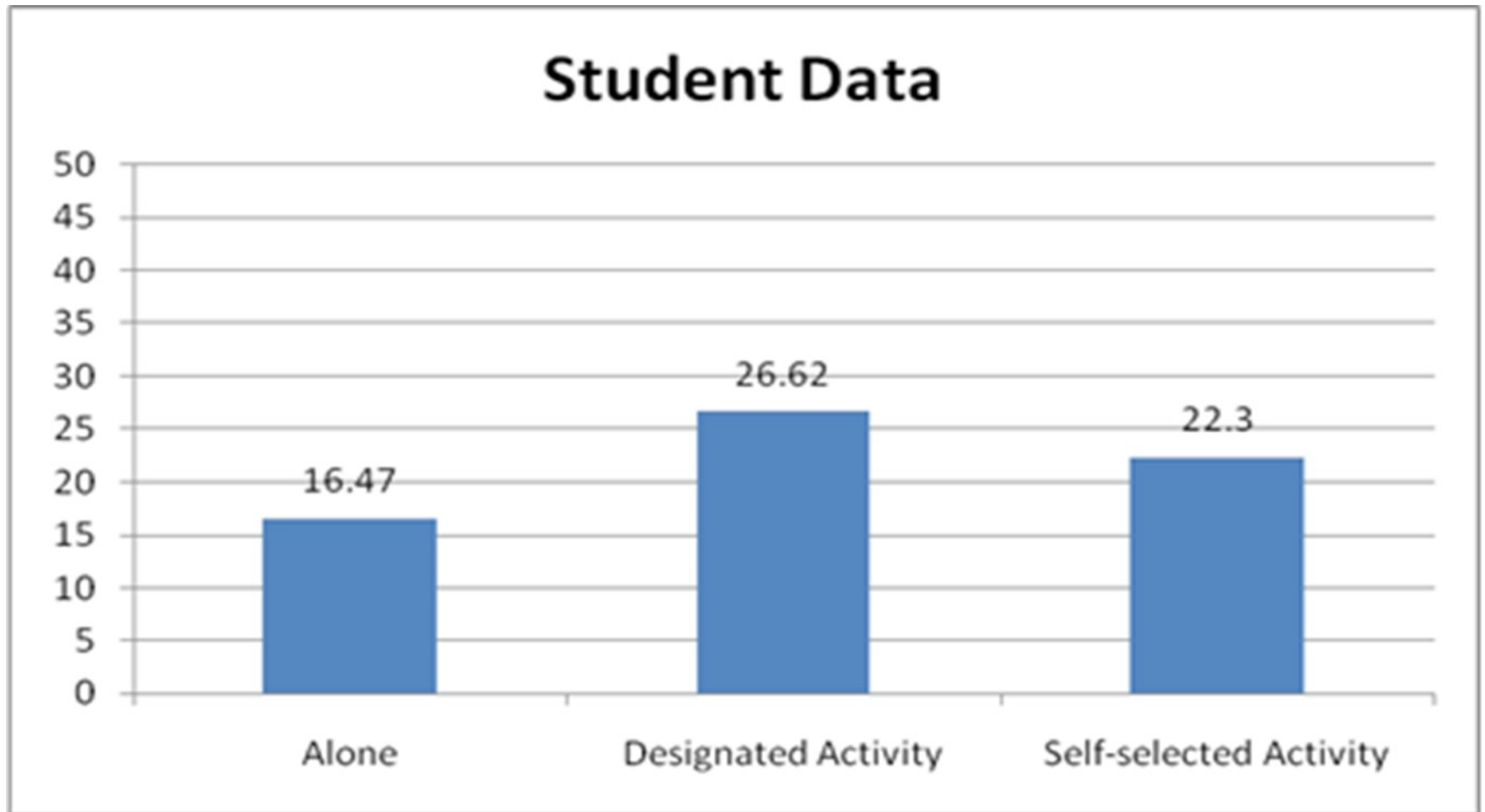
Data Analysis/Results

Condition/Frequency	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	Totals
Home/NA	12.7	8.4	41.2	14.5	37.0	11.4	17.5	15.6	22.0	7.5	18.78
Alone	4.8	8.4	21.7	4.2	6.0	25.9	31.5	18.8	35.1	8.3	16.47
Designated Activity	32.5	36.1	22.7	31.9	24.5	28.9	20.5	6.3	17.7	45.1	26.62
Self-selected Activity	31.9	27.7	10.8	29.5	20.5	17.5	14.5	31.3	8.5	30.8	22.30

Data Findings

- Less than 17% of the recreation time students were alone.
- Over 22% of recreation activities were self-selected activities to include fitness classes and meeting friends to eat lunch/dinner.
- Almost 27% participation in designated activities
 - Student 10 participated in designated activities most
 - Student 3 went home the most due to missing his family.

Summary of Student Data



Implications for Practice

Full activity schedule

weekday evening

Outings

Baseball games

Kennedy Center

Residential
Housing Class

recipes

shopping

cooking safety



Implications for Practice

- Quiet Hour RA's
 - Ratio 4:1
- Floater RA's
 - Ratio 3:1
- Unit Meeting
 - Roommate issues
- Scales of



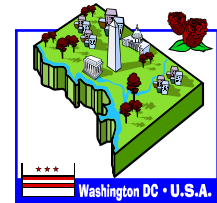
Independent Behavior Revised (SIB-R)

Implications for Practice

- Next semester
 - Extend class time
 - Learn in units
 - Model and implement



Max's Views



Max Wheeler
Washington, D.C.



3rd year in the Mason LIFE Program
Favorite Employment to-date Police station
Good Friends-Brandis and Chris C.
Enjoyable Eatery-Indian Cuisine from JC

Things I'm Learning

- How to use technology
 - Blackboard
 - Texting
 - Phone
 - Answering and calling

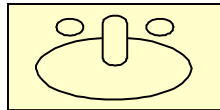


Things I'm Good 😊 at Doing

- Maintain room
 - Keep it clean



- Cleaning and keeping up with areas
 - kitchen
 - Bathroom
 - Chore schedule



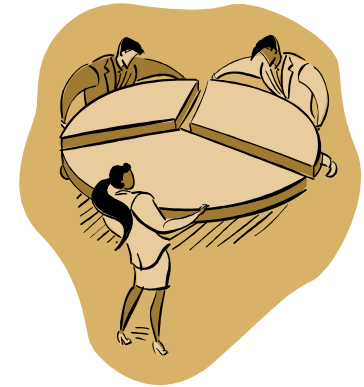
Things to Work on

- Laundry
 - Clothes
- Watching budget
 - Eating at Townhouse

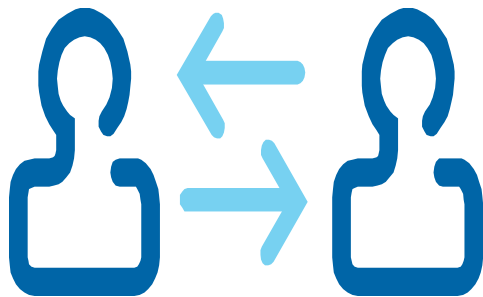


Challenges

- Roommate issue
 - Sharing



- Unit meetings
 - Discuss and maybe solve



Open to Explore



Open to New Opportunities



Open to New Adventures



Introduction to Mom

