

Using Person Centered Planning to Develop a Postsecondary Plan

Building Capacity
Inspiring Change



State of the Art Conference on Postsecondary Education and
Individuals with Intellectual Disabilities

November 3, 2011

Presented by:

K. Alisa Lowrey, Ph.D. , PEAC Project Director

Phil Wilson, Ph.D., PEAC Co-Principal Investigator

Jessica Parlin, M.Ed., PEAC, Project Coordinator

Learner Outcomes

- Participants should be able to:
 - Identify multiple methods of PCP including the method used by the PEAC Project.
 - List advantages and disadvantages of PCP
 - Identify the purpose of the PPSS
 - Describe how information from was used to finalize the PPSS



Agenda

- Review Person Centered Planning Process used with PEAC students
- Review staff procedures used to determine information for PPSS
- Review Postsecondary Plan of Services and Support
- Questions/Discussion



Resources Provided

- Person Centered Planning Resources
- Template of PCP used
- Template of PPSS used



Person Centered Planning



- Person Centered Planning Made Easy-The PICTURE Method, (Holburn, S., Gordon, A., & Vietze, P.M., 2007)
- Essential Lifestyle Planning (Smull, M., Sanderson, H. & Harrison, S.B., 1996)
- McGill Action Planning System (Forest, M., O'Brien, J., & Pearpoint, J., 1992)

Procedures for PCP

- Initial introduction of team to family
 - Set up a meeting for the PCP
 - Discuss important people to attend
 - Have family choose comfortable location
- Follow up prior to meeting to answer questions/concerns
- Conduct PCP meeting
 - Requires a minimum of three people
 - Materials needed: markers, chart paper,





Path Questions:

- G:\PEAC\PCP_PATH_Questions_Revised

Modified Path

- Ideal Future
- Now
- To Learn
- Action Steps
- Action Steps Short Term



Benefits

- Great relationship building with family
- Good assessment of student's self-directedness and strong preferences
- Good unity building experience
- Excellent starting place for curriculum planning/mapping.
- Provides student an opportunity to speak openly



Challenges

- Depth of information gathered is totally dependent on the depth of questions asked.
- Information gathered must be presented in a format useful to share with a team *not present* at the PCP.
- Difficult to complete comprehensively in a 1x administration.





Postsecondary Plan of Services & Supports

- Completed after the IEP/Transition Plan and PCP have been completed.
- Identifies courses of study, employment opportunities, social/recreational opportunities, and living options that most closely match the student's identified interests/preferences.



Ideal Procedure

Procedure for PPSS



- As a team:
 - Using the IEP and the PCP, identify course, employment, and social interaction schedule for participants.
 - ▢ Transfer the schedule and the corresponding targets to PPSS
 - Identify specific supports necessary for each student in each scheduled activity.
 - ▢ Transfer supports to PPSS

Final Result

- G:\PEAC\PPSS_Fall2011_TN.docx





Resources Included:

- PCP Resource Guide
- PCP Path Questions
- PPSS Blank Template

Questions & Comments?



PEAC peac@lsuhsc.edu
Alisa Lowrey klowre@lsuhsc.edu
Jessica Parlin jparli@lsuhsc.edu